

The background of the card features a marbled pattern in shades of red and black, with swirling, organic shapes. The text is centered on a white background within this pattern.

KARATE N MOTION FAMILY CARD

Share the card with your family.

Sample a variety of classes or
a Special Event.

Don't be locked into
one class...try them all.

So many choices, days and times
to suit your busy schedule!

Card valid through April 18, 2009

CLASS OPTIONS

Zumba

Tuesday	8:30 p.m.
Wednesday	8:30 p.m.
Saturday	8:30 a.m.

Cardio Kickboxing

Saturday	9:30 a.m.
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Dance N Motion

Thursday	8:30 p.m.
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Adult Karate

Monday	6:30 p.m.
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Kids Beginner Karate

Monday	5:30 p.m.
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Bliss Vibe

Monday, February 9	10:30 a.m.
Monday, February 12	11:30 a.m.

Family Fun Night

Friday, February 20	7:00 p.m.
Friday, March 13	7:00 p.m.

On Guard Workshop

Tuesday, February 17	7:00 p.m.
Tuesday, February 24	7:00 p.m.
Tuesday, March 10	7:00 p.m.
Tuesday, March 17	7:00 p.m.

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